



PLEASE NOTE: *This trial has been registered retrospectively.*

Trial Description

Title

Evaluation of a new person-centred integrated care model

Trial Acronym

[---]*

URL of the trial

[---]*

Brief Summary in Lay Language

One single multidisciplinary team offer treatment in a spectrum of different care settings (inpatient, acute day hospital, outpatient). Patients can change setting and keep their therapeutic relationship. Both groups (new care model and standard inpatient treatment) provide evidence based diagnostic and therapeutic interventions. For the evaluation we ask about: experienced symptoms, symptoms severity, satisfaction and therapeutic relationship. Participants have to fulfil following criteria: a psychiatric diagnosis, age between 18-65, admission to a psychiatric hospital.

Brief Summary in Scientific Language

The present study evaluated a new integrated treatment concept offering inpatient, day care and outpatient treatment by the same therapeutic team. In a randomised controlled trial the effectiveness of the 'Zurich model of integrated care' is compared to treatment as usual (standard inpatient treatment). Data on psychopathology, global and social functioning, patient satisfaction, continuity of care and administrative data is gathered on admission, throughout the course of treatment, upon discharge and at one-year follow-up. In addition, the physicians in charge rate the therapeutic relationship.

Organizational Data

- DRKS-ID: **DRKS00004666**
- Date of Registration in DRKS: **2013/01/24**
- Date of Registration in Partner Registry or other Primary Registry: [---]*
- Investigator Sponsored/Initiated Trial (IST/IIT): **yes**
- Ethics Approval/Approval of the Ethics Committee: **Approved**
- (leading) Ethics Committee Nr.: **E-56/2007 , Ethik-Kommission (KEK) Gesundheitsdirektion Zürich**



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Ethics Approval/Approval of the Ethics Committee: **Approved**

Secondary IDs

Health condition or Problem studied

- ICD10: **F20-F29 - Schizophrenia, schizotypal and delusional disorders**
- ICD10: **F30-F39 - Mood [affective] disorders**
- ICD10: **F40-F48 - Neurotic, stress-related and somatoform disorders**
- ICD10: **F60-F69 - Disorders of adult personality and behaviour**

Interventions/Observational Groups

- Arm 1: **Zurich model (ZM) of integrated care**
Patients in the ZM remain under the care of the same multidisciplinary team independent of their care setting, ensuring continuity of care
- Arm 2: **treatment as usual (standard inpatient treatment)**

Characteristics

- Study Type: **Interventional**
- Study Type Non-Interventional: [---]*
- Allocation: **Randomized controlled trial**
- Blinding: **Open (masking not used)**
- Who is blinded: [---]*
- Control: **Active control**
- Purpose: **Health care system**
- Assignment: **Parallel**
- Phase: **N/A**



Study Type: **Interventional**

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Allocation: **Randomized controlled trial**

Blinding: **Open (masking not used)**

Who is blinded: [---]*

Control: **Active control**

Purpose: **Health care system**

Assignment: **Parallel**

Phase: **N/A**

- Off-label use (Zulassungsüberschreitende Anwendung eines Arzneimittels): **N/A**

Primary Outcome

duration of inpatient stay

Secondary Outcome

- **number of re-admissions**
- **psychopathology measured at discharge (AMDP, HoNOS)**
- **satisfaction measured at discharge (CSQ)**

Countries of recruitment

- **CH Switzerland**

Locations of Recruitment

- Medical Center **PUK Zürich, Zürich**

Recruitment

- Planned/Actual: **Actual**
- (Anticipated or Actual) Date of First Enrollment: **2008/01/07**
- Target Sample Size: **180**
- Monocenter/Multicenter trial: **Monocenter trial**
- National/International: **National**

Inclusion Criteria



■ Gender: **Both, male and female**

■ Minimum Age: **18 Years**

■ Maximum Age: **65 Years**

Additional Inclusion Criteria

any psychiatric diagnosis according ICD-10

Exclusion criteria

- **mental and behavioural disorders due to psychoactive substance use**
- **organic mental disorders**
- **pregnancy**
- **incapacity to consent**

Addresses

■ Primary Sponsor

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Sources of Monetary or Material Support

■ **Institutional budget, no external funding (budget of sponsor/PI)**

PUK Zürich



Institutional budget, no external funding (budget of sponsor/PI)

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■ **Private sponsorship (foundations, study societies, etc.)**

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URL: [---]*

Status

- Recruitment Status: **Recruiting complete, follow-up complete**
- Study Closing (LPLV): **2009/08/12**

Trial Publications, Results and other documents

* This entry means the parameter is not applicable or has not been set.

*** This entry means that data is not displayed due to insufficient data privacy clearing.